



kids only!  
**COOKERY  
CORNER**

# Casey's Cheesy Puffs



**makes 18**



**preparation: 15 mins  
cooking: 10 mins**



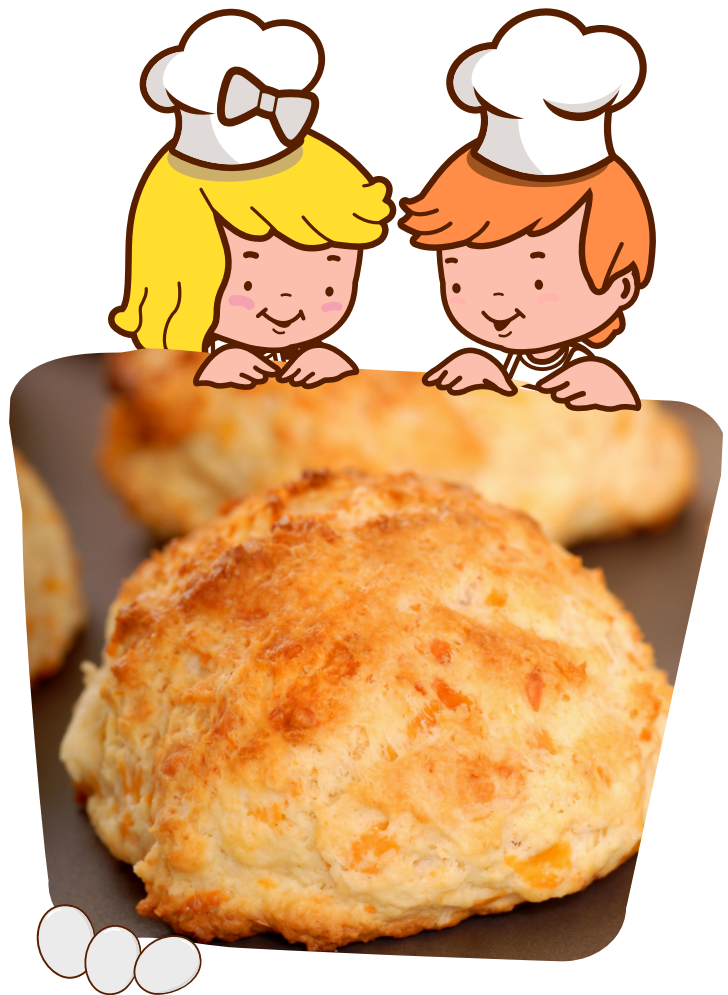
**shopping list...**

140g Self-Raising Flour  
230g Grated Cheese (any  
sort of hard cheese will do)  
1 Egg - beaten  
110ml of Milk  
Butter (for greasing)



**kitchen kit...**

1 fine sieve  
1 tablespoon  
1 large mixing bowl  
1 wooden spoon  
1 x muffin tin or  
baking tray



## What to do...

**one:**

Preheat the oven to 180 / Gas  
Mark 4, and sift the flour  
through the sieve into your  
mixing bowl.



## Casey's Cheesy Puffs

### two:

Add the egg and the cheese to the flour and stir with a wooden spoon, then carefully stir in the milk to bind all the ingredients together.



### three:

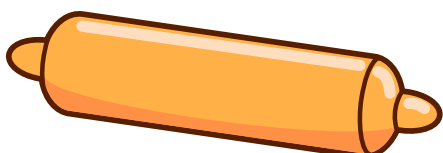
Mix together well especially the milk and flour. The mixture will be quite sticky when its ready.

### four:

Grease your muffin tin or baking tray, and use your tablespoon to scoop out the mixture onto the trays (about a golf ball size is perfect).

### five:

Ask an adult to carefully place them in the oven, and bake for 10 mins. When they are ready, leave them to cool for 5 minutes, then scoop them out with your tablespoon and enjoy straight away.



**all done!**