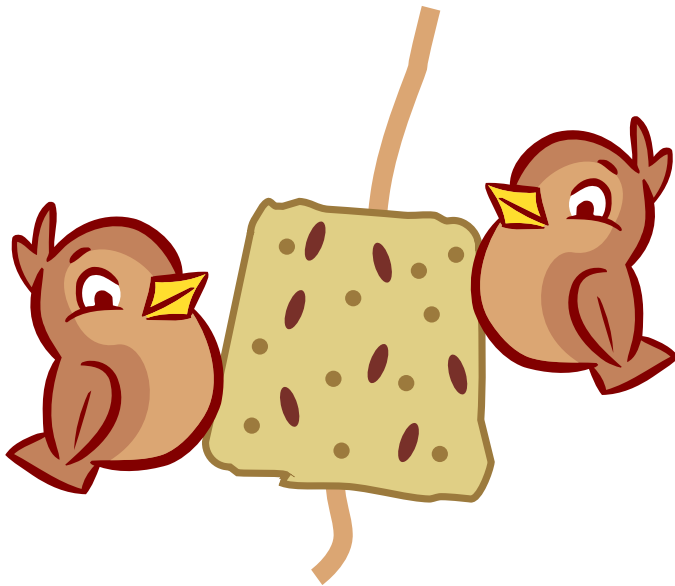




Capstone
foster care

kids only!
ACTIVITIES
& CRAFTS!

Bird Seed Feeders!



you will need...

yoghurt pots
pencils
good bird seed
lard (room temp)
strong string
scissors
mixing bowl

follow these easy steps...

one:

Wash out your yoghurt pots and leave them to dry. Carefully make a hole in the bottom of the yoghurt pot with your scissors and poke a pencil through.

two:

Mix together the lard and the bird seed with your hands - add the lard a bit at a time until the fat becomes stiff.

three:

Fill the yoghurt pots around the pencil, pack them tight with the bird seed mixture and pop them in the fridge to set.